

Getting Ready for Nursery or School

At Boston nursery School, we understand it is an emotional time when you are preparing your child for their next steps which may involve leaving you for the first time. Here are some helpful tips to support you and your child make a successful transition to nursery or school.

What am I learning?

I can feel confident when left at school knowing that a familiar adult will collect me at the end of the school day.



Please Scan the QR Code and watch this video about transitioning to nursery, a childminder or school.



For some children, saying “Goodbye” to families will be challenging. Consider using breathing and mindfulness strategies with your child during transition times. You could build them into your morning routine.



Please scan the QR Code to see some helpful breathing activities you could use to improve your child's wellbeing.

